

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B F A S T	ASSORTED JUICES ASSORTED CEREALS SAUSAGE GRAVY BUTTERMILK BISCUIT MILK	ASSORTED JUICES ASSORTED CEREALS CHOICE OF EGGS TOAST MARG/JELLY MILK	ASSORTED JUICES ASSORTED CEREALS CHEESE STRATA CINNAMON ROLL MILK	ASSORTED JUICES ASSORTED CEREALS FRENCH TOAST / SYRUP SAUSAGE PATTY MILK	ASSORTED JUICES ASSORTED CEREALS BREAKFAST SANDWICH MILK	ASSORTED JUICES ASSORTED CEREALS CHOICE OF EGGS BACON TOAST MARG/JELLY MILK	ASSORTED JUICES ASSORTED CEREALS SCRAMBLED EGG W/ CHEESE CINNAMON COFFEE CAKE MILK
N O O N	POT ROAST OVEN ROASTED POTATOES OVEN ROASTED CARROTS (A) DINNER ROLL/MARG BLUEBERRY DESSERT	BAKED HAM BAKED SWEET POTATO (A) GREEN BEANS DINNER ROLL/MARG PEARS	TACO SALAD SPANISH RICE FRESH FRUIT CUP GELATIN POKE CAKE	SWEDISH MEATBALLS / CREAM SAUCE BUTTERED NOODLES PARSLIED CAULIFLOWER BROWNIE PIE	APRICOT GLAZED PORK AU GRATIN POTATOES FRIED CABBAGE DINNER ROLL/MARG LEMON LIME CAKE	CHICKEN & PASTA ALFREDO CARROTS BREADSTICK HAWAIIAN FRUIT CUP	BEEF & NOODLES BROCCOLI FLORETS (A) BREAD/MARG STRAWBERRY RHUBARB CRISP
E V E	CHICKEN AND NOODLES PEAS WATERMELON MILK	SPAGHETTI W/MEATSAUCE MIXED VEGETABLES GARLIC BREAD GOOEY BUTTER CAKE MILK	HOT HAM & CHEESE ON BUN HANDCUT POTATO WEDGES MANDARIN ORANGES (A) MILK	BREADED FISH RANCH MASHED POTATOES GREEN BEANS BREAD/MARG PEACHES MILK	BBQ CHICKEN MACARONI AND CHEESE BUTTERED ZUCCHINI CINNAMON APPLESAUCE MILK	HAM SALAD SANDWICH THREE BEAN SALAD STRAWBERRIES & BANANAS MILK	FIRE BRAISED PORK ON BUN HASHBROWNS BAKED BEANS MELON CUP MILK
H S	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS

Menus Approved By:

04/13/25, 05/11/25, 06/08/25, 07/06/25, 08/03/25, 08/31/25, 09/28/25



Notes:

NAS: Serve Regular (RG7) diet and no additional salt. LCS Diet: Serve sugar free syrup, sugar free jelly and sugar substitute. LCS/NAS: Serve LCS diet and no additional salt. Cardiac Diet: Serve 2gm Sodium (Na) diet with skim milk. Coffee and Tea offered at each meal. Condiments as desired at every meal. Cereal Serving: 3/4 c cold, or 1/2 c cooked .

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B F A S T	ASSORTED JUICES ASSORTED CEREALS SAUSAGE GRAVY BUTTERMILK BISCUIT MILK	ASSORTED JUICES ASSORTED CEREALS CHOICE OF EGGS CHOCOLATE CHIP SCONE MILK	ASSORTED JUICES ASSORTED CEREALS HASHBROWN EGG BAKE RAISIN TOAST MILK	ASSORTED JUICES ASSORTED CEREALS BACON CHOICE OF EGGS TOAST MARG/JELLY MILK	ASSORTED JUICES ASSORTED CEREALS SAUSAGE PATTY PANCAKES/SYRUP MILK	ASSORTED JUICES ASSORTED CEREALS BREAKFAST SANDWICH MILK	ASSORTED JUICES ASSORTED CEREALS SAUSAGE BREAKFAST CASSEROLE TOAST MARG/JELLY MILK
N O O N	CHICKEN FRIED CHICKEN MASHED POTATOES GRAVY PEAS MISSISSIPPI MUD CAKE	PEPPER STEAK CORN TOSS SALAD/ DRESSING CHEESE BISCUIT ORANGE DREAM CAKE	LASAGNA GREEN BEANS GARLIC BREAD FRUIT CUP	ASIAN GLAZED CHICKEN FRIED RICE ORIENTAL VEGETABLES BREAD/MARG MANDARIN ORANGES	BROWN SUGAR BOURBON CHICKEN BAKED POTATO/MARG BROCCOLI FLORETS (A) BREAD/MARG ICE CREAM SCOOP	BBQ PORK ON BUN POTATO SALAD GLAZED CARROTS CHOCOLATE MOUSSE	RANCH ROASTED PORK LOIN GARLIC PARMESAN MASHED POTATOES SPINACH AUGRATIN (A) BREAD/MARG PEACH UPSIDE DOWN CAKE
E V E	SLOPPY JOE ON BUN MIXED VEGETABLES BERRY CUP MILK	CHEESY CHICKEN CASSEROLE CARROTS (A) DINNER ROLL/MARG PEACHES AND BANANAS MILK	BREADED PORK TENDERLOIN ON BUN ITALIAN ROASTED POTATO WEDGES WATERMELON MILK	SMOKED SAUSAGE ON BUN HASHBROWNS SAUERKRAUT S'MORES COOKIE BAR MILK	GOULASH CAULIFLOWER AU GRATIN PARMESAN RANCH BISCUIT 24 HOUR FRUIT SALAD MILK	SWISS STEAK W/ TOMATOES PEAS DINNER ROLL/MARG APRICOTS MILK	CHICKEN SALAD SANDWICH PICKLED BEETS STRAWBERRIES & BANANAS MILK
H S	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS

Menus Approved By:

04/20/25, 05/18/25, 06/15/25, 07/13/25, 08/10/25, 09/07/25, 10/05/25



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N O O N	HONEY GLAZED HAM MACARONI AND CHEESE HERBED GREEN BEANS CORNBREAD CHOCOLATE PEANUT BUTTER CAKE	ROAST TURKEY STUFFING GRAVY BAKED SWEET POTATO (A) MELON CUP	HOMEMADE SALISBURY STEAK BUTTERED DILL BABY RED POTATOES BROCCOLI FLORETS (A) DINNER ROLL/MARG RICE KRISPIE SQUARE	GLAZED MEATLOAF MASHED POTATOES GRAVY PEAS BREAD/MARG STRAWBERRY SHORTCAKE POKE CAKE	FRENCH ONION CHICKEN BREAST TOMATO CUCUMBER SALAD DINNER ROLL/MARG MANDARIN ORANGES	GARLIC & HERB PORK CHOP FRIED CABBAGE SWEET POTATOES (A) BUTTERMILK BISCUIT BROWNIE	LOADED CHICKEN BREAST CORN CAULIFLOWER BAKE GREEN BEANS BREAD/MARG APRICOT OAT BAR
E V E	CHEDDAR RANCH CHICKEN AU GRATIN POTATOES MIXED VEGETABLES PEARS MILK	TORTELLINI W/ MEATSAUCE PARSLIED CAULIFLOWER GARLIC BREAD BERRY CUP MILK	HONEY MUSTARD CHICKEN CARROTS CHEESE BISCUIT FRESH FRUIT CUP MILK	BBQ CHICKEN SALAD BREADSTICK WATERMELON SUGAR COOKIES MILK	BREADED FISH SANDWICH HANDCUT POTATO WEDGES COLESLAW LEMON CHEESECAKE BAR MILK	SHEPHERDS PIE MIXED VEGETABLES DINNER ROLL/MARG STRAWBERRIES & BANANAS MILK	PIZZA BURGER ON BUN ITALIAN ROASTED POTATO WEDGES PINEAPPLE TIDBITS MILK
H S	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS

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N O O N	BALSAMIC MUSTARD PORK LOIN GARDEN HERBED RICE WESTERN SPINACH ROOT BEER FLOAT PIE	BEEF TACO SHREDDED LETTUCE/TOMATO CORN PEARS	SPAGHETTI PIE COUNTRY STYLE GREEN BEANS TOSS SALAD/ DRESSING GARLIC BREAD SUMMER SWIRL CAKE	GRILLED CHICKEN BREAST TWICE BAKED MASHED POTATOES BUTTERED ZUCCHINI DINNER ROLL/MARG PUDDING W/ TOPPING	HOT DOG ON BUN ITALIAN ROASTED POTATO WEDGES BAKED BEANS FROSTED CHOCOLATE CAKE	HAM AND BEANS FRIED POTATOES PEAS CORNBREAD/MARG ICE CREAM SCOOP	COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY CORN PARMESAN RANCH BISCUIT PEANUT BUTTER PIE
E V E	CHEESE QUICHE HASHBROWNS BROCCOLI FLORETS BANANA & MANDARIN ORANGES MILK	OPEN FACE HOT TURKEY SANDWICH MASHED POTATOES PEAS FROSTED BANANA CAKE MILK	BAKED FISH W/ LEMON SAUCE BUTTERED NOODLES CARROTS (A) WATERMELON MILK	BBQ SLOPPY JOE/BUN CREAMY CUCUMBER SALAD FRESH FRUIT CUP MILK	ORANGE GLAZED CHICKEN STEAMED RICE ORIENTAL VEGETABLES MANDARIN ORANGES (A) PEANUT BUTTER COOKIES MILK	CHICKEN TENDERS ASST DIPPING SAUCE GREEN BEANS BREAD/MARG PEACHES APPLE CRUMB BAR MILK	BREADED CHICKEN CUTLET ON BUN BROCCOLI FLORETS (A) PINEAPPLE TIDBITS MILK
H S	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS	COOKIES OR CRACKERS ASSORTED DRINKS

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